

# Suicide Awareness

An information session for parents and caregivers of teens

**Would you like to know more about Teen Suicide and how to support and protect our youth?**

Join us for a presentation by Ofelia León, Program Supervisor of the Suicide Grief Support Program; a part of the Canadian Mental Health Association - Edmonton Region.

Topics to be covered include:

- facts and myths
- warning signs
- how to talk about suicide
- where to get help
- how to support a grieving teen

Thursday, November 26  
6:30 p.m. - 8:30 p.m.

Strathcona County Community Centre  
501 Festival Avenue  
Meeting Rooms 3 & 4

Light snack provided  
No Cost

## To register

Strathcona County  
Family and Community Services  
780-464-4044

**REGISTER NOW LIMITED  
SPACE AVAILABLE**

