

Bev Facey Community High School

Daily Bulletin

November 30, 2022



“We would like to begin by acknowledging that we are on Treaty 6 traditional territories in Alberta of the many First Nations, Métis, and Inuit whose footsteps have marked these lands for centuries.”

General Announcements:

Would the following students see Mrs Murphy in the office: Katelyn Orbell,, Morgan Pichette, Kennedy Pierson, Andy Pockett, Sam Ramirez, Jackson Reivonen, Isabella Schellert, Will Simon, Graham Stewart, Taylor Thompson, Ally Toshack,, Andrew Welsh, Brayden Westerlund, Jackson Whitrow

SHADCanada Applications close December 5th Connect with the latest in **STEAM & entrepreneurship** from nationally recognized leaders, innovative **hands-on** workshops, academics from **universities** across Canada and of course, the best **on-campus** or **digital** community ever. Want to spend July on a university campus? Our tried and true live-in program of 40 years, **ShadOnCampus** offers an entire month of immersive STEAM & entrepreneurship programming at one of 19 pan-Canadian universities, tailored to the excellence of the campus, faculty, labs and local culture. Not tied to a physical space this summer? **ShadAnywhere**, powered by Athabasca University, gives you the Shad experience anywhere you have a digital connection. For the third year, Shad will take its hands-on experience digitally. You can collaborate with a like-minded community, dive into hands-on STEAM learning and social innovation, and even join virtual excursions, **Please come see Mrs. Tattrie in student services for more information.**

Artist of the Week - Congratulations to Gwen Townsend (Art 30) on an amazing post-impressionist portrait of Canadian vocalist Chi Pig! Check out the textures up close in the front display case.

PLACE Candy Bag Sales- Satisfy your sweet tooth with the famous PLACE candy bags! Candy bags are sold in the Cafe for \$1.25

Beverage Container Recycling - Please note the recycling containers throughout the school! Please **DO NOT** throw your containers in the garbages, we have amazing students that take care of our recycling, please help them out.

MOVEMBER-

MOVEMBER DAILY FACT/INFORMATION

What are the costs related to mental illness?

Because public mental health services are underfunded and have long wait times, many people rely on their employer-based benefits or bear the personal cost of private services. Canadians spend an estimated \$950 million a year on psychologists in private practice. About 30% of this is paid out-of-pocket while the remainder is paid through employment-based private health insurance plans.[14] Peachey, D., Hicks, V., Adams, O. (2013). An imperative for change: Access to psychological services for Canada. Report to the Canadian Psychological Association. From: <https://cmha.ca/brochure/fast-facts-about-mental-illness/>

MOVEMBER DAILY MENTAL HEALTH TIP

NEED SUPPORT? If you are having thoughts of suicide, call the Canada Suicide Prevention Service at 1-833-456-4566 (Urgent support from a trained counsellor). If you are in distress or just need to talk, please find your local distress line here (<https://www.crisisservicescanada.ca/en/looking-for-local-resources-support/>). If you're ever worried that someone's life is in immediate danger, call 911 or go directly to emergency services.

BAKE SALE - LAST CHANCE to satisfy your sweet tooth & support our Movember Bake Sale is TODAY! Come see us by the office! All items are priced to sell and all proceeds go to the Movember fundraising efforts! Cash is easiest, but debit payments can be made in the office.

MOVE FOR MOVEMBER - Only 1 day left to get across Australia! Remember to log your kms with Mr. Taylor in the Fitness Centre! Every little bit helps!

DONATIONS - Today is the final day of Movember! Please consider leaving a donation in one of our jars, or make a donation online through the Movember Canada website. Please go to <https://movember.com/t/bev-facey-community-high-school!>

CLUBS/GROUPS:

Creative Writing Club: The Creative Writing Club will meet again tomorrow in Room 274.

GSA (Spectrum) Join us Thursdays & Fridays @ lunch! Everyone is welcome (room 218)

MODEL UN - Tanvee Kaur, Taylor Wright and Autumn Seutter please see Johnson in room 159. Next meeting Monday Dec 5th - we will have country designations, so plan to be there!

S.C.O.R.E. - The Student Council On Race Education is Tuesday @ lunch in room 176.

JAZZ BAND - Jazz band rehearsals Thursday at lunch in the band room, room 142.

INTERFAITH ALLIANCE - Meeting again this Wednesday at lunch in Room 270

FALCONS OF DISTINCTION (FOD) SQUAD - Please politely ask to be dismissed from block 2 today 15 minutes early to organise for the bake sale.

Rocket League Tournament - Any interested students can sign up for the Facey 2v2 Rocket League tournament starting soon. Sign up at tinyurl.com/FaceyRocket2022 or talk to Mr. Hay or Mr. Kitson for more information.

ATHLETICS:

Volleyball- Any volleyball players that haven’t returned their jerseys need to come see Mr. Launhardt after school today for pictures and jersey return

Basketball-

Sr. Women’s Basketball: Travel to Fort High today to play an exhibition game at 4:30

Jr. Women’s Basketball- Practice today 3:30 North Gym

Sr. Men’s Basketball: Play host to St. Joes school today in our ability round games at 6:30

Jr. Men’s Basketball: Play host to St Peter the Apostle at 5pm in their ability round games

Falcon’s basketball is also offering fundamental skill sessions for the mens and womens team prospects/players on Tuesday and Thursday mornings from 7-8:15 am running through Dec 15. Sessions are offered at no cost, and will address foundational areas of individual play, along with some 2v2 and 3v3 teamplay development. All are welcome, no experience needed. Whether you are on the team this year, trying out, or just want to improve your basketball skill, come on out!

Swim Team- Congratulations to all of our swimmers as our season came to an end on Friday! Facey finished third overall in the “Small School” competition - great result for our first year back! Here are a few individual medals to highlight:


- Gabe Macdonald - Silver: Sr Men's 100m Breaststroke; Silver: Sr Men's 50m Breaststroke
- Tanya Berry - Silver: Int. Women's 50m Butterfly; Silver: Open Women's 100m Butterfly
- Zubail Dzhabrailov - Silver: Jr Men's 50m Butterfly
- Andrew Welsh - Gold: Sr Men's 100m Individual Medley; Silver: Sr Men's 50m Freestyle.
- Bronze: 4x100m Mixed Medley Relay - Sheridan Beavan (Back), Gabe Macdonald (Breaststroke), Tanya Berry (Fly), Andrew Welsh (Free)

We will need to do a team picture. Stay tuned for details.

Archery – New students are still welcome. Next practices will be Tuesday December 6th @ 3:25 p.m. in the North Gym and Wednesday, Dec. 7th @ 7:05 **a.m.** in the North Gym.

CAFETERIA:

Week 1 2022-2023	Monday	Tuesday	Wednesday	Thursday	Friday
Soup \$2 Med/ \$4 Large		Loaded Baked Potato	Creamy Garlic Tortellini	Hamburger Soup	
Entrée \$9.00	Bacon Jam Grilled Cheese Sandwich w/ onion rings	Perogies & Sausage w/ onions, bacon & vegetable		Fried Chicken Meal	Fish and Chips Meal
Salad Bar \$3 Small/\$5 Med \$7 Large	Potato Salad Cranberry Spinach salad	Bok Choy Fruit Salad		Grilled Caesar Layered Taco Salad	Coleslaw Assorted
Short Order \$7		Stuffed French Toast w/ hashbrowns & fruit garnish	Monte Cristo Sandwich w/ soup	Beef Taco Salad in a crispy Tortilla Bowl	Nacho's fully loaded/ sour cream and salsa
Meal of the Day \$6	Chicken Strips (3) & Fries w/ dipping sauce	Poutine		Poutine	
Daily Special \$5		Chili chicken w/ rice and crispy wontons		Spicy Chicken Sandwich	
Fast Food \$4			Cheeseburger		Pizza Pepperoni Hawaiian Cheese Veggie
Build Your Own Wrap, Salad or Tortilla Bowl \$6	Crispy Chicken Taco Beef				
Dessert \$0.75 - \$2	Assorted	Assorted	Assorted	Assorted	Assorted



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