

# Bev Facey Community High School

## Daily Bulletin

### November 21, 2022



***“We would like to begin by acknowledging that we are on Treaty 6 traditional territories in Alberta of the many First Nations, Métis, and Inuit whose footsteps have marked these lands for centuries.”***

#### General Announcements:

**Mechanics 30:** Did you take Mechanics 30 last year? Are you graduating this year? If so please see Mr. Milton or find the QR code in the office and fill out the form. This ensures that your name is not left out on this year's graduation door in Mechanics. Forms are due by November 24th.

**SHADCanada Applications close December 5th** Connect with the latest in **STEAM & entrepreneurship** from nationally recognized leaders, innovative **hands-on** workshops, academics from **universities** across Canada and of course, the best **on-campus** or **digital** community ever. Want to spend July on a university campus? Our tried and true live-in program of 40 years, **ShadOnCampus** offers an entire month of immersive STEAM & entrepreneurship programming at one of 19 pan-Canadian universities, tailored to the excellence of the campus, faculty, labs and local culture. Not tied to a physical space this summer? **ShadAnywhere**, powered by Athabasca University, gives you the Shad experience anywhere you have a digital connection. For the third year, Shad will take its hands-on experience digitally. You can collaborate with a like-minded community, dive into hands-on STEAM learning and social innovation, and even join virtual excursions, **Please come see Mrs. Tattrie in student services for more information.**

**Applying to NAIT?** NAIT has an ON THE SPOT admission campaign happening in NOVEMBER. An advisor from NAIT will be coming to Facey in the coming weeks. Please come see Mrs. Tattrie if you would like more information on the available programs and how to sign up.

**PLACE Candy Bag Sales**- Satisfy your sweet tooth with the famous PLACE candy bags! Candy bags are sold in the Cafe for \$1.25

**Beverage Container Recycling** - Please note the recycling containers throughout the school! Please **DO NOT** throw your containers in the garbages, we have amazing students that take care of our recycling, please help them out.

#### MOVEMBER-

##### **MOVEMBER DAILY FACT/INFORMATION**

How does mental illness impact youth?

Between 2008–2009 and 2018–2019, among youth there was a 61% increase in emergency department visits and a 60% increase in hospitalizations for mental disorders. [10] Suicide is the second leading cause of death among youth and young adults between 15-34 years.[11] In Canada, only 1 out of 5 children receive appropriate mental health services.[12]

From: <https://cmha.ca/brochure/fast-facts-about-mental-illness/> [10] <https://www.cihi.ca/en/child-and-youth-mental-health-in-canada-infographic> [11]

<https://www.canada.ca/en/public-health/services/publications/publications/healthy-living/suicide-canada-key-statistics-infographic.html> [12]

<https://www.mentalhealthcommission.ca/English/what-we-do/children-and-youth>

##### **MOVEMBER DAILY MENTAL HEALTH TIP**



**MOUSTACHE COOKIES** - Moustache cookies are back! Get yours today from the Cafe. All proceeds go to the Movember fundraising efforts!

**MOVE FOR MOVEMBER** - At the end of the day on Friday, Facey has logged 1665 km! We have a long way to get to the other end of Australia. Remember to log your kms with Mr. Taylor in the Fitness Centre!

**DONATIONS** - As a team, Facey has collected \$1150 so far! Can you help us get to our \$3500 goal? Have any spare change? Please consider dropping it into jars with Mrs. Murphy in the office, Ms. Stevenson in Student Services, Mr. Lacoursiere in room 242, or Mr. Glowinski in room 260. Or ask your family and friends to make a donation online! Please go to

<https://movember.com/t/bev-facey-community-high-school!>

Stayed tuned for other events, information, and initiatives throughout the month! Any questions regarding Movember, please see Mr. Glowinski in room 260.

#### **CLUBS/GROUPS:**

**Creative Writing Club**- We will be meeting again this Wednesday after school.

**GSA (Spectrum)** Join us Thursdays & Fridays @ lunch! Everyone is welcome (room 218)

**MODEL UN** - Meeting today at lunch (Mon Nov 21) in Room 212

**S.C.O.R.E.** - The Student Council On Race Education is Tuesday @ lunch in room 176.

**JAZZ BAND** - Jazz band rehearsals Thursday at lunch in the band room, room 142.

**FALCONS OF DISTINCTION (FOD) SQUAD** - Next meeting will be a quick check-in on Monday, Movember 21 to touch base on our Movember events.

**ATHLETICS:**

**Football** -

**Senior Football lost a well fought game to Spruce Grove on Saturday. Great season everyone. Stay tuned to teamsnap for information on team meeting later this week.**

**Basketball-**

**Sr. Women’s Basketball :**Tryouts TODAY at 3:30. Practices will follow this week Tuesday & Thursday 5:30-7:30, Wednesday 3:30-5:30

**Jr. Women’s Basketball :**Jr. Women’s Tryouts will continue TODAY at 3:30-5:30. New Gr. 10’s & 11’s are welcome to attend. The next tryout date will be Wednesday 3:30-5:30.

**Sr. Men’s Basketball:**Sr. Men’s Tryouts will continue TODAY at 5:30-7:30 in the Banner Gym. Practices will follow this week Tuesday & Wednesday 5:30-7:30, Thursday 3:30-5:30

**Jr. Men’s Basketball:**Jr. Men’s Tryouts will continue TODAY at 5:30-7:30 in the North Gym. New Gr. 10’s & 11’s are welcome to attend. Tryouts will continue this week Tuesday 3:30-5:30, Wednesday & Thursday 5:30-7:30.


Falcon’s basketball is also offering fundamental skill sessions for the mens and womens team prospects/players on Tuesday and Thursday mornings from 7-8:15 am starting Dec 8 and running through Dec 15. Sessions are offered at no cost, and will address foundational areas of individual play, along with some 2v2 and 3v3 teamplay development. All are welcome, no experience needed. Whether you are on the team this year, trying out, or just want to improve your basketball skill, come on out!

**Swim Team-** Final practice is on Tuesday before Semi-Finals on Thursday, November 24, and Finals on Friday, November 25!

**Archery** – Practice Tuesday Nov 22. after school and Wednesday Nov 23rd in the morning in the North Gym.

**CAFETERIA:**

Week 6 2022-2023*	Monday	Tuesday	Wednesday	Thursday	Friday
Soup \$2 Med/ \$4 Large		Borscht	Tortilla	Chicken Gumbo	
Entrée \$9.00	Sweet and Sour Pork w/ rice and vegetable	Turkey Meal		Beef w/ twice baked potato	Salmon Wellington w/ rice pilaf & vegetables
Salad Bar \$3 Small/\$5 Med \$7 Large	Wedge Salad Pasta Salad	Fruit Salad Broccoli Grape Spinach salad w/ cranberries		Caesar Salad Bok Choy Watermelon, feta mint	Greek Salad Assorted
Short Order \$7		Eggs Benedict w/ side salad	Clubhouse Sandwich w/ soup	Beef Taco Salad w/ crispy tortilla bowl	Panini Sandwich w/ side salad <u>OR</u> vegetable
Meal of the Day \$6	Chicken Fingers and Fries	Poutine		Poutine	Pastitsio Pasta w/ garlic toast
Daily Special \$5		Corn Fritters w/ Aioli		Spicy Chicken Sandwich	
Fast Food \$4			Cheeseburger		Pizza  <i>Pepperoni Hawaiian Cheese</i>
Build Your Own Wrap, Salad or Tortilla Bowl \$6	Crispy Chicken Taco Beef				
Dessert \$0.75 - \$2	Assorted	Assorted	Assorted	Assorted	Assorted



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