Bev Facey Community High School

Daily Bulletin





"We would like to begin by acknowledging that we are on Treaty 6 traditional territories in Alberta of the many First Nations, Métis, and Inuit whose footsteps have marked these lands for centuries."

General Announcements:

Taanishi (hello) and welcome to ... Metis Week: November 14th to 19th, 2022

The Métis Nation of Alberta is voting this month on our Constitution. Any Citizen of the MNA 16 years or older can vote. With a constitution, the MNA will take the final steps towards recognition as an equal order of government within Canada, and the Métis will have increased authority to negotiate their rights and claims. This vote marks a critical next step on the Métis road to reconciliation, self-government, and self-determination.

- MNA Audrey Poitras <u>Our Heritage Our Future (1:23 mins)</u>
- For more info: MNA The Constitution website



SHADCanada Applications close December 5th Connect with the latest in STEAM & entrepreneurship from nationally recognized leaders, innovative hands-on workshops, academics from universities across Canada and of course, the best on-campus or digital community ever. Want to spend July on a university campus? Our tried and true live-in program of 40 years, ShadOnCampus offers an entire month of immersive STEAM & entrepreneurship programming at one of 19 pan-Canadian universities, tailored to the excellence of the campus, faculty, labs and local culture. Not tied to a physical space this summer? ShadAnywhere, powered by Athabasca University, gives you the Shad experience anywhere you have a digital connection. For the third year, Shad will take its hands-on experience digitally. You can collaborate with a like-minded community, dive into hands-on STEAM learning and social innovation, and even join virtual excursions

Please come see Mrs. Tattrie in student services for more information.

Artist of the Week: Congratulations to Brooklyn Reid (Art 20) on her AMAZING Facey illustration! Check out this unique composition out in the front display case and more in the display case outside of the Art room.

<u>Post secondary information and Presentation-</u> Students interested in meeting one on one for academic advising with U of A November 15th. Please see Mrs. Tattrie to book a spot.

Applying to NAIT? NAIT has an ON THE SPOT admission campaign happening in NOVEMBER. An advisor from NAIT will be coming to Facey in the coming weeks. Please come see Mrs. Tattrie if you would like more information on the available programs and how to sign up.

ODD SOCK THURSDAY Part of Anti-bullying week. Students and Staff are encouraged to wear their odd socks to celebrate what makes us all unique and spread kindness! So wear your ODD socks Thursday November 17th!

PLACE Candy Bag Sales - Satisfy your sweet tooth with the famous PLACE candy bags! Candy bags are sold in the Cafe for \$1.25

Beverage Container Recycling - Please note the recycling containers throughout the school! Please DO NOT throw your containers in the garbages, we have amazing students that take care of our recycling, please help them out.

VIDEO GAME TOURNAMENT - There is still time to sign up for the in-school TowerFall 2v2 tournament that will be during lunch hours later this week. Prizes are available, and the final match will be on the big screen. Sign up individually or in teams of two by Wednesday morning at tinyurl.com/FaceyTowerFall2022. Talk to Mr. Kitson or Mr. Hay for more information.

MOVEMBER-

MOVEMBER DAILY FACT/INFORMATION

Who is affected?

Everyone has mental health and will experience challenges regarding their mental well-being, but not everyone will experience a mental illness. Mental illness indirectly affects all Canadians at some time either through their own experience, or that of a family member, friend or colleague. In any given year, 1 in 5 people in Canada will personally experience a mental health problem or illness.

 $\textbf{From: } \underline{\text{https://cmha.ca/brochure/fast-facts-about-mental-illness/}}$

MOVEMBER DAILY MENTAL HEALTH TIP

Focus on what matters:Be deliberate and intentional about how you live and work. Focus on what matters and ignore what does not. If you can create a daily purpose that helps us stay focused and allows us to succeed at the tasks at hand.

TAKE A MO'/LEAVE A MO' - The banner has now been moved to the wall by the front doors! Need a mo' with a positive message for yourself or a friend? Take one or two from the banner! Want to spread some positive energy? Please write a positive message on our moustaches to share with others! **MOVE FOR MOVEMBER** - Remember to submit your numbers to Mr. Taylor in the Fitness Centre, especially those K's logged over the break. We will provide an update tomorrow!

DONATIONS - If you would like to donate, any donations are greatly appreciated. You can drop off cash donations to the jars with Mrs. Murphy in the office, or Mr. Glowinski in room 260. Donations can also be made online to our Movember team, or individual participants. Please go to https://movember.com/t/bev-facey-community-high-school!

Stayed tuned for other events, information, and initiatives throughout the month! Any questions regarding Movember, please see Mr. Glowinski in room 260.

CLUBS/GROUPS:

Creative Writing Club The Creative Writing Club will meet today in Room 274 after school. Sharpen those pencils and those minds!

GSA (Spectrum)
Join us Thursdays & Fridays @ lunch! Everyone is welcome (room 218)

MODEL UN - Next meeting set for lunch on November 21st!

S.C.O.R.E. - The Student Council On Race Education is Tuesday @ lunch in room 176.

JAZZ BAND - Jazz band rehearsals Thursday at lunch in the band room, room 142.

FALCONS OF DISTINCTION (FOD) SQUAD - Next meeting will be a quick check-in on Monday, Movember 21 to touch base on our Movember events.

ATHLETICS:

Football -

Senior Football play in the Tier 1 Provincial Semi Finals this Saturday at Emerald Hills, 2:30 Kickoff. Tickets cost \$10 for students to get in.

Basketball-

Women's Basketball: Tryouts will continue this week going Tuesday, Wednesday, Thursday, Friday 5:15-7pm in the Banner Gym Men's Basketball: Boys Tryouts will run this week Tuesday, Wednesday, Thursday from 7pm-9pm in the Banner Gym.

Everyone is welcome to come tryout!

Falcon's basketball is also offering fundamental skill sessions for the mens and womens team prospects/players on Tuesday and Thursday mornings from 7-8:15am starting Dec 8 and running through Dec 15. Sessions are offered at no cost, and will address foundational areas of individual play, along with some 2v2 and 3v3 teamplay development. All are welcome, no experience needed. Whether you are on the team this year, trying out, or just want to improve your basketball skill, come on out!

Volleyball- Jersey return and team photos will take place at 2:30 on Wednesday in the banner gym.

Swim Team- IMPORTANT - Please see Mr. Glowinski TODAY to confirm the 2 events you wish to swim in, as well as if you would like to swim in a competitive or recreational relay team.

Archery – Practice TODAY @ 3:25 in North Gym and Wed. Nov 16th @ 7:15 a.m. in the North Gym. New Team Site:Site: Go to this site to get current and updated information:

https://teams.microsoft.com/l/channel/19%3a8q2XLzO3U9cWNhPug4MCD0eelgmS-9pxCGco5irjjXM1%40thread.tacv2/General?groupId=543c6f36-ce44-4d72-b170-7afaf3dc849f&tenantId=9e47afea-5e57-40c3-8443-f2df4a2f4b3f to join.

CAFETERIA:

| Week 5 | Monday | Tuesday | Wednesday | Thursday | Friday | |
|--|---|---|--|---|--|-----------|
| Soup \$2 Med/ \$4 Large | | Chicken with Rice | Beef and Mushroom | Cream of Broccoli Cheddar | | |
| Entrée \$9.00 | Swedish Meatballs w/ noodles & vegetable | Stuffed Pork Loin w/ garlic mashed pota- toes & vegetable | | Chicken Cordon Bleu w/ Rice Pilaf & vegetable | Fish and Chips w/ salad | |
| Salad Bar \$3 Small/\$5 Med \$7 Large | Pasta Salad Chef Salad | Caesar Salad Artichoke Mushroom | | Cauliflower Potato Lettuce Wraps | Hungarian Cucumber Coleslaw Assorted | |
| Short Order \$7 | | Steak Tacos w/ side salad <u>OR</u> vegetable | Italian Meats Panini Sandwich w/ soup | Beef Taco Salad in a Crispy Tortilla Bowl | Italian Meats Panini Sandwich w/ salad | |
| Meal of the Day \$6 | Chicken Fingers & fries | Poutine | | Poutine | Penne alfredo Pasta w/ garlic toast | |
| Daily Special \$5 | | Chicken Quesadilla | | Spicy Chicken Sandwich | | |
| Fast Food \$4 | | | Cheeseburger | | Pizza Pepperoni Hawaiian Cheese | |
| Build Your Own Wrap, Salad or Tortilla Bowl \$6 | | | Crispy Chicken | | | |
| Dessert \$0.75 - \$2 | Assorted | Assorted | Assorted | Assorted | Assorted | |
| соммітм | ENT - D | EDICATION | • ENTH | USIASM • | LOYALTY | • RESPECT |