

Bev Facey Community High School

Daily Bulletin

November 4, 2022



“We would like to begin by acknowledging that we are on Treaty 6 traditional territories in Alberta of the many First Nations, Métis, and Inuit whose footsteps have marked these lands for centuries.”

General Announcements:

Turtle Talk Friday - You are invited to a Turtle Talk... Today: Indigenous Veteran's Day A nationwide observance dedicated to the contributions of Indigenous Canadians to military service. Astam ᑭᑦᑭᑦ (come) - This talking circle is open to everyone. Block 3 Room 281



SHADCanada Applications close December 5th Connect with the latest in **STEAM & entrepreneurship** from nationally recognized leaders, innovative **hands-on** workshops, academics from **universities** across Canada and of course, the best **on-campus** or **digital** community ever.

Want to spend July on a university campus? Our tried and true live-in program of 40 years, **ShadOnCampus** offers an entire month of immersive STEAM & entrepreneurship programming at one of 19 pan-Canadian universities, tailored to the excellence of the campus, faculty, labs and local culture.

Not tied to a physical space this summer? **ShadAnywhere**, powered by Athabasca University, gives you the Shad experience anywhere you have a digital connection. For the third year, Shad will take its hands-on experience digitally. You can collaborate with a like-minded community, dive into hands-on STEAM learning and social innovation, and even join virtual excursions.

Please come see Mrs. Tattrie in student services for more information.

Post secondary information and Presentation- Students interested in meeting one on one for academic advising with U of A November 15th. Please see Mrs. Tattrie to book a spot.

Applying to NAIT? NAIT has an ON THE SPOT admission campaign happening in NOVEMBER. An advisor from NAIT will be coming to Facey in the coming weeks. Please come see Mrs. Tattrie if you would like more information on the available programs and how to sign up.

ODD SOCK THURSDAY Part of Anti-bullying week. Students and Staff are encourage to wear their odd socks to celebrate what makes us all unique and spread kindness! So wear your ODD socks Thursday November 17th!

PLACE Candy Bag Sales - Satisfy your sweet tooth with the famous PLACE candy bags! Candy bags are sold in the Cafe for \$1.25

Beverage Container Recycling - Please note the recycling containers throughout the school! Please **DO NOT** throw your containers in the garbages, we have amazing students that take care of our recycling, please help them out.

MOVEMBER-

MOVEMBER DAILY FACT/INFORMATION 2020 GLOBAL FINANCIAL SNAPSHOT

20 countries; 394,650 Mo Bros & Mo Sisters; \$129 million raised for men's health

In 2020, the Movember community championed men's health in 20 countries across the world. Through Growing Mo's, Moving for men's health, Hosting Mo-ments and Mo-ing your own way, we raised \$129 million. From: <https://ca.movember.com/about/money>

MOVEMBER DAILY MENTAL HEALTH TIP

REACH OUT WITH ALEC - Four simple steps – use ALEC to help you navigate a conversation with a friend who might be doing it tough. A - Ask. L - Listen. E - Encourage Action.

Check In: Follow up your conversation with a phone call or FaceTime. This helps to show that you care; plus, you'll get a feel for whether [they're] feeling any better. Huge thanks to R U OK? for developing the ALEC model.

From <https://ca.movember.com/mens-health/mental-health>

TAKE A MO'/LEAVE A MO' - All month, we encourage you to spread positive energy to your friends and family. Need a mo' with a positive message for yourself or a friend? Take one or two from the banner! Want to spread some positive energy? Please write a positive message on our moustaches to share with others!

MOVE FOR MOVEMBER - This year's theme is #MoveDownUnder! We will start in Perth, Australia, on the west coast and try to get across to Brisbane (~4300km). How do you participate? Track how many kilometres you move this month. Submit your numbers to Mr. Taylor in the Fitness Centre, where he will track our moves for the month!

DONATIONS - If you would like to donate, any donations are greatly appreciated. You can drop off cash donations to the jars with Mrs. Murphy in the office, or Mr. Glowinski in room 260. Donations can also be made online to our Movember team, or individual participants. Please go to <https://movember.com/t/bev-facey-community-high-school!>

Stayed tuned for other events, information, and initiatives throughout the month! Any questions regarding Movember, please see Mr. Glowinski in room 260.

CLUBS/GROUPS:

GSA (Spectrum) Join us Thursdays & Fridays @ lunch! Everyone is welcome (room 218)

MODEL UN - Next meeting after November Break.

S.C.O.R.E. - The Student Council On Race Education is Tuesday @ lunch in room 176.

JAZZ BAND - Jazz band rehearsals Thursday at lunch in the band room, room 142.

FALCONS OF DISTINCTION (FOD) SQUAD - Next meeting will be on Monday, November 14 to plan the rest of our November events.

ATHLETICS:

Basketball- Open Gym nights will continue over November break on Tuesday Nov. 8 and Thursday Nov. 10 from 6-8pm. All are welcome! Great job at tryouts last night for the girls. Both Boys and Girls tryouts will resume when we get back from November Break on Tuesday November 15th.

Girls Tryouts will start Nov. 15th at 5:15-7 in the Banner Gym.
Boys Tryouts will start Nov. 15th at 7-9pm in the Banner Gym.

Volleyball- Jr. Girls lost in the Semi finals to a strong Scona team. The girls gave them a run for their money have 2 very close sets to start. Great season ladies!

Swim Team- Good luck to the swim team at their meet today, from 4:00 p.m. to 6:00 p.m. at Clareview. Any swimmers that haven't filled out time cards, get them done TODAY at lunch! Time cards will be in room 260 (Glowinski will be in the gym). Bus will depart from Facey at 3:10 p.m. Please ask politely to be dismissed from block 4 at 3:00 p.m. and meet in the cafeteria.

Archery -

CAFETERIA: