

Bev Facey Community High School

Daily Bulletin

November 3, 2022



“We would like to begin by acknowledging that we are on Treaty 6 traditional territories in Alberta of the many First Nations, Métis, and Inuit whose footsteps have marked these lands for centuries.”

General Announcements:

Locker Cleanup: We will be doing a locker cleanup today.

Turtle Talk Friday - You are invited to a Turtle Talk... Every Friday Block 3 in Room 281 (Social wing) with Mrs. Shepherd. I hold a weekly talking circle with a mini lesson on a topic that piques my interest related to the First Nations, Metis or Inuit culture.

This Week's Topic... **Indigenous Veterans Remembered.** ... Astam ^{ᑭᑦᑕᑦ} (come). This talking circle is open to everyone!!

Alex Janvier Art Exhibit - Renowned Indigenous Art. Thursday, November 3rd. Block 3 only: Aboriginal Studies class will be going to the Alex Janvier Art Exhibit at the Sherwood Park Library. If you are interested in joining us, please see Mrs. Shepherd and we'll get you a permission slip. For more info click here: [The Exhibit](#)

Artist of the Week - Congratulations to Abbey Oldford on an amazing photorealistic portrait of Loki! Check this amazing portrait out in the front display case.

McEwan is hosting a Business challenge for high school students. This is a half day event that is designed to provide high school students with a “university experience” that is fun and educational. Teams compete and cooperate while solving real business challenges in a stimulating and supportive environment. A poster with more information is in Student Services.

Post secondary information and Presentation- Students interested in meeting one on one for academic advising with U of A November 15th. Please see Mrs. Tattrie to book a spot.

PLACE Candy Bag Sales- Satisfy your sweet tooth with the famous PLACE candy bags! Candy bags are sold in the Cafe for \$1.25

Beverage Container Recycling - Please note the recycling containers throughout the school! Please **DO NOT** throw your containers in the garbage, we have amazing students that take care of our recycling, please help them out.

VIDEO GAME TOURNAMENT - We will be having an in-school TowerFall 2v2 tournament during lunch hours. Sign up individually or in teams of two by **this Friday** at tinyurl.com/FaceyTowerFall2022 . Talk to Mr. Kitson or Mr. Hay for more information.

MOVEMBER-

MOVEMBER DAILY FACT/INFORMATION 2020 CANADIAN FINANCIAL SNAPSHOT

In 2020, Mo Bros and Mo Sisters from across Canada helped us raise \$24.8 million for Movember. These donations allow us to raise awareness, invest in vital men's health initiatives and run Movember each year. We want to help men live happier, healthier and longer lives. We do this by investing in the following critical areas: mental health and suicide prevention, prostate cancer and testicular cancer. From: <https://ca.movember.com/about/money>

MOVEMBER DAILY MENTAL HEALTH TIP

REACH OUT WITH ALEC - Four simple steps – use ALEC to help you navigate a conversation with a friend who might be doing it tough. A - Ask. L - Listen. Encourage Action: Help [them] focus on simple things that might improve how [they] feel. [Are they] getting enough sleep? [Are they] exercising and eating well? Maybe there's something that's helped [them] in the past – it's worth asking. Suggest that [they] share how [they're] feeling with others [they] trust. This will make things easier for both of you. And if [they've] felt low for more than two weeks, suggest that [they] chat to [their] doctor. From <https://ca.movember.com/mens-health/mental-health>

TAKE A MO'/LEAVE A MO' - All month, we encourage you to spread positive energy to your friends and family. Need a mo' with a positive message for yourself or a friend? Take one or two from the banner! Want to spread some positive energy? Please write a positive message on our moustaches to share with others!

MOVE FOR MOVEMBER - This year's theme is #MoveDownUnder! We will start in Perth, Australia, on the west coast and try to get across to Brisbane (~4300km). How do you participate? Track how many kilometres you move this month. Submit your numbers to Mr. Taylor in the Fitness Centre, where he will track our moves for the month!

DONATIONS - If you would like to donate, any donations are greatly appreciated. You can drop off cash donations to the jars with Mrs. Murphy in the office, or Mr. Glowinski in room 260. Donations can also be made online to our Movember team, or individual participants. Please go to <https://movember.com/t/bev-facey-community-high-school!>

Stayed tuned for other events, information, and initiatives throughout the month! Any questions regarding Movember, please see Mr. Glowinski in room 260.

CLUBS/GROUPS:

Student Grad Council The first Student Grad Council Meeting will be held on Thursday, November 3, at lunch in the library. All interested Grade 12s are welcome to attend.

GSA (Spectrum) Join us Thursdays & Fridays @ lunch! Everyone is welcome (room 218)

MODEL UN - Next meeting after November Break.

S.C.O.R.E. - The Student Council On Race Education is Tuesday @ lunch in room 176.

JAZZ BAND - Jazz band rehearsals Thursday at lunch in the band room, room 142.

FALCONS OF DISTINCTION (FOD) SQUAD - Next meeting will be on Monday, November 14 to plan the rest of our November events.

ATHLETICS:

Football-Jr. Football won the City Championship last night in a 6-5 nail biter vs. O'Leary. Congratulations Football! Senior players please meet in the Drama room at lunch today for a leadership meeting.

Basketball- Great turn out at Girls basketball tryouts last night! They will continue **Tonight @7pm**. All girls welcome!

Open gyms will continue this week for Boys starting at 7pm Tonight. There will be an information meeting for both Sr. and Jr. boys basketball today at Lunch starting at 11:55. Tryouts will get started when we get back from November break.

Volleyball -

Junior Girls- Will travel to Scona to play their playoff game today! Bus leaves at 5pm game starts at 6:30.

Junior Boys -

Senior Girls - Lost their playoff game to Sal yesterday. They battled to the very end. You represented us well ladies!

Senior Boys-Lost a close match to lose their playoff game yesterday. Great Season Boys!

Swim Team - Next meet is on Friday, November 4, from 4:00 p.m. to 6:00 p.m. If you plan on swimming, you MUST fill out time cards TODAY at lunch! See Mr. Glowinski in room 260. Bus will depart from Facey at 3:10 p.m. Please ask politely to be dismissed from block 4 at 3:00 p.m. and meet in the cafeteria.

Archery -

CAFETERIA:

Week 4 2022-2023*	Monday	Tuesday	Wednesday	Thursday	Friday	
Soup \$2 - \$4		Mulligatawny		War Wonton		
Entrée \$7.00	Individual Ghoul Shepherds Pie w/ salad OR vegetable	Chicken Enchiladas w/ rice and beans	Stuffed Sole w/ butter sauce, rice pilaf & vegetable	Roast Beef Meal	Cafeteria Closed	
Salad Bar \$4/\$6	Deviled Eggs Jack -O-Lantern Peppers Skewered Eyeballs	Santa Fe Layered Taco	Grilled Caesar Spinach Salad	Broccoli w/ grapes Salad Rolls Pasta Salad		
Short Order \$6		Calamari Tacos w/ side salad	Chicken Fig Brie Sandwich w/ side salad OR vegetable	Beef Taco Salad in a crispy tortilla bowl		
Weekly Feature \$6	Witches Fingers & Fries (Chicken Fingers)	Poutine	Bento Box w/ deep fried sushi, stir fried rice & pot stickers	Poutine		
Daily Special \$5	Mummy Hot Dogs w/ dipping sauce			Spicy Chicken Sandwich		
Fast Food \$4			Cheeseburger			
Build Your Own Wrap, Salad or Tortilla Bowl \$6	Crispy Chicken Grilled Chicken					
Dessert \$0.75 - \$2	Assorted	Assorted	Assorted	Assorted		Assorted



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